

Central Coast Neuropsychology Associates

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SAPNA M. PATEL ROSS, Ph.D.

Clinical Neuropsychologist License # PSY25447



Dr. Patel attended the University of Southern California (USC) for her undergraduate studies. She received her Ph.D. in Clinical Psychology with an emphasis in Neuropsychology from Loma Linda University. Dr. Patel completed 5 years of training in Neuropsychology at University of California, Los Angeles (UCLA), which included an APA-approved clinical internship in Geriatric Neuropsychology and a 2-year Postdoctoral Fellowship in Neuropsychology at the UCLA Department of Psychiatry and Biobehavioral Sciences.

Following completion of her training, she opened up her private practice, and held positions as a clinical instructor at UCLA Department of Geriatric Neuropsychology and Rehabilitation Neuropsychologist at Cottage Rehabilitation Hospital. Her clinical work has focused on conducting evaluations for adults with neurodegenerative disorders (e.g., Alzheimer's disease, frontotemporal dementia), movement disorders (e.g., Parkinson's disease), stroke, traumatic brain injuries, pre- and post- surgical interventions (deep brain stimulation, epilepsy, and organ transplant), multiple sclerosis and psychiatric disorders.

Dr. Patel has also been invited as a guest speaker for various organizations, including the Alzheimer's Disease Association (Central Chapter) and Parkinson's Disease Association (Santa Barbara).

Her research interests have included examining the impact of various medical conditions (e.g., cardiovascular/cerebrovascular disease, epilepsy, HIV/AIDS) and associated treatments on neurocognitive functioning. She has authored/co-authored 6 papers published in peer-reviewed journals, 1 book chapter, and presented 14 abstracts at the International Neuropsychological Society and American Academy of Clinical Neuropsychology conferences.